



BE STRONG

Part 3 – In Body
January 21, 2018

(Joshua 1:7) Be strong and very courageous. Be careful to obey all the law... that you may be successful wherever you go.

(Ephesians 6:10) Finally, be strong in the Lord and in His mighty power.

(1 Thessalonians 5:23-24) May God Himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The One who calls you is faithful, and He will do it.

In Body

(Romans 7:21-24) So I find this law at work: When I want to do good, evil is right there with me. For in my inner being I delight in God's law; but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members. What a wretched man I am! Who will rescue me from this body of death?

✓ _____

(Romans 6:12-14) Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God... For sin shall not be your master.

✓ _____

(Ephesians 5:18) Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

✓ _____

(1 Corinthians 6:15-18) Do you not know that your bodies are members of Christ Himself? Shall I then take the members of Christ and unite them with a prostitute? Never! Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh."

Be Holy

(1 Thessalonians 4:4-5) Each of you should learn to control his own body in a way that is holy and honorable, not in passionate lust like the heathen, who do not know God.

✓ _____ from it.

(1 Corinthians 6:18-20) Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.

✓ _____

(Matthew 6:22-23) The eye is the lamp of the body. If your eyes are good, your whole body will be full of light. But if your eyes are bad, your whole body will be full of darkness.

(Romans 8:5 NLT) Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.

✓ _____ with God.

(Romans 6:13 NLT) Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God.

(1 Corinthians 9:25-27 NLT) All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.

I will _____



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✓ Addiction

(Romans 6:12-14) Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God... For sin shall not be your master.

✓ Debauchery

(Ephesians 5:18) Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

✓ Sexual Immorality

(1 Corinthians 6:15-18) Do you not know that your bodies are members of Christ Himself? Shall I then take the members of Christ and unite them with a prostitute? Never! Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, "The two will become one flesh."

Be Holy

(1 Thessalonians 4:4-5) Each of you should learn to control his own body in a way that is holy and honorable, not in passionate lust like the heathen, who do not know God.

✓ Get away from it.

(1 Corinthians 6:18-20) Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.

✓ Guard my mind.

(Matthew 6:22-23) The eye is the lamp of the body. If your eyes are good, your whole body will be full of light. But if your eyes are bad, your whole body will be full of darkness.

(Romans 8:5 NLT) Those who are dominated by the sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit.

✓ Go all in with God.

(Romans 6:13 NLT) Do not let any part of your body become an instrument of evil to serve sin. Instead, give yourselves completely to God.

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